



SEPTEMBER 2025

Nashua North High School

Breakfast Served Daily From 6:50-7:15

Smoothies and Parfaits Available Tuesday ~ Friday

Monday

No School **1**

Mike's Bites **8**
Marinara Sauce
Seasoned Green Beans
Fresh Baby Carrots w/Dip
Fruit

Mozzarella Sticks **15**
w/ Marinara Sauce
Steamed Broccoli
Garden Salad
Fruit

Pizza Crunchers **22**
Marinara Sauce
Garden Salad
Roasted Green Beans
Fruit
Smartfood Popcorn

Cheese Filled Breadsticks **29**
Steamed Seasoned Carrots
Marinara Sauce
Smartfood Popcorn
Fruit

Tuesday

Spicy Chicken Patty **2**
On Bun
Steamed Broccoli
Fresh Veggies w/Dip
Fruit

No School **9**
Primary Day

Chicken Bites **16**
Steamed Seasoned Carrots
Garden Salad
Dinner Roll
Baked Tot's
Fruit

Orange Chicken **23**
Veggie Lo Mein
Steamed Mixed Veggies
Dinner Roll
Pineapple Tidbits
Fruit Snacks

****New**** **30**
Wings & Loaded Fries
Cheese/Bacon/Sour Cream
Pickled Jalapeno's, Corn
Dinner Roll/ Fruit

Wednesday

Pizza Crunchers **3**
Marinara Sauce
Garden Salad
Roasted Green Beans
Fruit

Brunch For Lunch **10**
French Toast Sticks
Sausage Patty
Baked Tot's
Fruit

Chicken Parmesan **17**
On Spaghetti
Seasoned Green Beans
Garden Salad
Fruit

BBQ Rib on Bun **24**
Cole Slaw
Seasoned Broccoli
Baked Fries
Fruit

Thursday

Crispy Chicken Tenders **4**
w/Dinner Roll
Steamed Carrots
Garden Salad
Baked Tot's
Fruit

Popcorn Chicken **11**
w/Dinner Roll
Seasoned Broccoli
Garden Salad
Baked Fries
Fruit

Burgers on a Bun **18**
Plain or w/Cheese
Baked Beans/Sliced Tomato
Lettuce/Pasta Salad
Baked Fries/Fruit

Crispy Chicken Patty **25**
On Bun
Seasoned Steamed Carrots
Fresh Veggies w/Dip
Baked Tot's/Fruit

Friday

Cheese Quesadilla **5**
Red Bean Salad
Salsa
Or
Assorted Sandwiches
Salads/Fruit

Grill Cheese **12**
Cup of Tomato Soup
Corn & Bean Salad
Or
Assorted Sandwiches
Veggies & Fruit

Cheese Quesadilla **19**
Red Bean Salad/Salsa
Or
Assorted Sandwiches
Salads/ Fruit

Grill Cheese **26**
Cup of Tomato Soup
Corn & Bean Salad
Or
Assorted Sandwiches/Veggie
Fruit

Students Please return any Free or Reduced Forms to the North Café. You can give it to any Cashier during Breakfast or Lunch. To insure there is no loss of this Benefit please return ASAP. If you have any questions please call or email Doreen Burgess 603-966-1302

BurgessD@nashua.edu

YOU CAN ALSO CALL MRS. LAWLESS 603-966-2509 FOR QUESTIONS OR CONCERNS

